

ABSTRACT

EFFORT TO INCREASE FINE MOTOR DEVELOPMENT OF PRESCHOOL CHILDREN THROUGH COOKING CLASS ACTIVITY IN KINDERGARTEN 'AISYIYAH BUSTANUL ATHFAL 1 KERTOSONO NGANJUK

Quasy Experiment Study

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Introduction: Fine motor development is very important for children because it will effect motor skills for their hands, movement of the limbs associated with the movement of the fingers as a child's preparation to write, draw and manipulate objects. If it is not fixed soon, it will affect the personality of the child. Cooking class activity uses cookie dough as a medium of playing so that the children will be trained in using of their limbs, especially fingers. The purpose of this study was to explain the effect of cooking class activity to increase fine motor development of preschool children. **Method:** This study was a quasy experiment pre test - post test control group design. The samples were obtained by using purposive sampling. This study held in Kindergarten 'Aisyiyah Bustanul Athfal 1 Kertosono Nganjuk and the samples were 15 respondents divided into two groups, treatment and control. The independent variable was the cooking class activity and the dependent variable was fine motor development of preschool children, examined with Denver II test. Data was analyzed by using wilcoxon signed rank test and mann whitney u test with significance $\alpha = 0.05$. **Results:** The result of this study showed that the treatment group significantly increase in fine motor development with $p = 0.008$, while the control group had no significant increasing fine motor development with $p = 0.083$ and mann whitney u test showed $p = 0.013$. **Discussion and Conclusion:** It can be concluded that cooking class activity effect the increasing of fine motor development of preschool children. So, it is suggested to parents, schools, and teachers to use this activity to improve the fine motor development of children.

Keywords: cooking class, development, fine motor, preschool children