MACRO COSMOS EFFECT ON HUMAN HEALTH BEHAVIOR AND CULTURAL PERSPECTIVE BY JAVA
(BEHAVIOR STUDY OF JAVA SOCIETY IN TAKING CARE OF AND IMPROVING HEALTH IN BLITAR EAST JAVA)

Imam Sunarno
Poltekes Kemenkes Malang
Email: imam_sunarno@yahoo.com, Phone: 08123360745

ABSTRACT

Introduction: Health is a right of a very basic need for every human being. To achieve optimal health conditions required curative and preventive promotive rehabilitatif by every human being. This can be done by identifying the macro cosmos environmental influences on behavior and human health in addition to micro cosmos itself. In Javanese culture macro cosmos is believed to contain elements and substances associated with behavior and human health. Java community have views and ideas acquired by generations of the ancestors for the handling of health problems. The purpose of this study is to explore the macro cosmos influence on behavior and human health from the perspective of Javanese culture and behavior of the community in maintaining and improving the health of a growing and developing in the community.

Method: This study uses qualitative diskriptip. The place of research in the district and the town of Blitar using Indepth interviews with informants, Focus Group Discussion with informants in accordance with the view of knowledge and ideas of society as well as direct observation in the field.

Results: Results of the study found that the effect on behavior and macro cosmos human health according to informants whose background is Javanese culture Human behavior is influenced by the 7 (seven) elements, namely natural Bramono Nature, Pandito Nature, Ratu Nature, Brojo Nature, Prabowo Joyo Nature, Condro Wahono Nature, Watonggo Nature. Derived from the Sun / Fire, Water, Earth, Wind, Star, Moon, Space which has a different nature and character, have different sources and substances, all of which can affect human health.

Discussion: For government health programs in maintaining and improving public health need to pay attention to macro cosmos influence on behavior and human health. Further studies on the source of the substance on human health.

Key words: influence of macro cosmos, behavior, health